

NEW REFEREE CHECKLIST #1

THINGS TO HAVE WITH YOU ON EVERY ASSIGNMENT

Things you need with you while you Referee:

- Whistle
- Yellow/Red Cards
- Referee Book with Paper & Pencil/Pen (have 2 or 3 pens/pencils as they get lost frequently)
- Coin
- Stopwatch
- USSF Patch for your Referee Shirt

Your Uniform: (See next page for examples and pictures of 'proper' uniform)

- Yellow Soccer Referee Jersey
- Black Referee Shorts (Solid black)
- Black Referee Socks (USSF 2 Stripes or 3 Stripes)
- Predominately Black Shoes

Things to have in your Referee Bag or Backpack:

- Water
- Game Schedule for the day, listing the teams you are officiating:
 - Download / Print from the Oregon Soccer Central website
- Snacks
- Referee Warm Ups:
 - Sweat Pants (all Black, Black with 3 Stripes or USSF Blue)
 - Jacket (all Black, Black with 3 Stripes or USSF Blue)
- Extra Warm Clothes if the weather is nasty:
 - Long Sleeve Shirts or Jacket (Black or Yellow) to wear *under* your Referee shirt
 - Gloves (Solid Black)
 - Ski Hat (Solid Black)
- Flags (can acquire flags after your 2nd full year of working games)
- Sunscreen - optional, but highly recommended in Central Oregon
- Hat for sun protection - optional (solid black or predominately solid dark)
- Cell Phone - optional



Yellow Referee Jerseys:

On the left: New USSF Yellow Jersey as of 2018. If you are buying new jerseys, buy this style.

On the right: Old USSF Yellow Jersey. It's OK if you have or someone gives you their previously used Yellow jersey, but do not buy the old style as they are being phased out in a year or two.



Examples of acceptable Referee Warm-Ups



Looking PROFESSIONAL ☺. Shirts tucked in, socks pulled up, hair pulled back.



Looking **PROFESSIONAL** 😊. Shirts tucked in, socks pulled up, black sweat pants are fine.



Looking **PROFESSIONAL** 😊. Shirts tucked in, socks pulled up, hair pulled back, and black leggings are OK.



Pretty good, but could do a little better: The girl should be wearing Referee Socks and the boy should have his shirt tucked into his shorts.