COSOA General Meeting Minutes Wednesday August 9, 2017 7pm St Charles Med. Center, Conf Rm.

COSOA 8/9 Meeting

Treasurer's Report.

Bend Premier Cup info covered (Pat Evoy):

- tournament director wants to use the new Build Out Line for all 7v7 games;
- no headers for all U12 contests;
- mandatory water breaks each game, midway through each half;
- cupless tournament, so bring your own water bottles;
- lightning/thunder protocol reviewed;

HS Commissioner report:

- No OT for reg season games;
- Either 2-stripe or 3-stripe socks okay for refs to wear; crew does not need to match socks, but is a good habit and good practice for Center refs to email the crew a few days prior to each game to coordinate uniform colors and socks for most professional appearance;
- last year's 'old' uniform jerseys okay to use thru 2018;

No mtg on 8/16 (canceled).

Next mtg 8/23 at COCC, with fitness testing ahead of mtg on the track.

Training Topic (Pat Evoy / Steve Kurzer):

2017-18 NFHS Soccer Rules PPT

Test answers (the correct answers for the test, where Oregon differs):

- benches can be on opposite sides of field
- head coach present for coin toss, pregame conference
- ball holders required
- overtime allowed
- recommended that RC player or coach be suspended for next game (not a requirement)

NFHS rule changes:

- compression shorts must be same color as uni
- compression sleeves must be same color as uni and same length if wearing one on each arm
- headgear must meet ASTM standard

- ref can use electronic comm devices (buzzers, beepers, headsets)
- KO in any direction
- no OG from KO
- FKs can go in any direction except PK
- IFK for offsides from spot player gains advantage (like USSF)
- stutter step / hesitation ok on PKs (a pause is a violation)
- shinguard requirement NOCSAE seal
- ref socks: either type works

NFHS points of emphasis:

- concussion stuff
- shinguards
- head gear
- ref communication
- location of offside restart